

Tobacco Treatment Specialist (TTS) Training Program

ATTUD / CTTPP Nationally Accredited Program 2017 – 2022

Check our website for event dates and locations: www.act2quit.org/education/certified-tobacco-treatment-specialist-.asp



Department of Otolaryngology and Communicative Sciences
THE UNIVERSITY OF MISSISSIPPI MEDICAL CENTER
Training Tobacco Treatment Specialists since 2003

This program prepares professionals for the delivery of an evidence-based, high-intensity, cognitive-behavioral plus pharmacotherapy treatment program for tobacco dependence. Modules emphasize key knowledge areas and hands on experiences needed to develop necessary skills, as well as construct a quality program. Lecture, group discussion, professional interaction and role play approaches are used to facilitate learning. *Attendees who meet all prerequisites and complete the program are eligible to apply for the new National Certificate in Tobacco Treatment Practice (NCTTP).*

Faculty

Thomas J Payne, PhD

Professor UMMC

Director ACT Center

ATTUD President [Past]

Neil B Rappaport, PhD

Private Practice

Medical Psychology Associates

Holly H Peeples, MD

Associate Professor UMMC

Medical Director ACT Center

Who Should Attend

Healthcare / Mental Health professionals

Professionals involved or interested in tobacco control, program development and administration

Educators and Researchers interested in tobacco use, dependence, treatment

Cost

Mississippi Resident: \$750 General \$600 Student

Non-Resident: \$900 General \$700 Student

Resources Provided

Program Manual (slides, exercises, bibliography, etc.)

Therapist and Participant Manuals

Clinical Reference Guide

Intake and Treatment Session Forms

Lunch and Refreshments each day

CE credit: National Board Certified Counselor NBCC, Dental ADA CERP, Physician AMA Category I, Nursing MNF / ANCC, Pharmacy ACPE, MS Social Worker NASW, OT / PT / RT CHPE

** TTS credit provided at no additional cost*

** Hour-for-hour credit available for those attending part-time*

Training Program Curriculum

- Tobacco Dependence: State of the Field, Evidence-Based Practice, Billing, National Certificate / Certification
- System, Administrative, Professional / Ethical Considerations
- Tobacco Products, Usage, Health and Economic Impact
- Tobacco Use in Context: The Biopsychosocial Model
- Clinical Assessment of the Tobacco User
- Special Populations
- Intake Session Overview, Treatment Planning
- Improving Motivation for Change
- Counseling: CBT Basics, Treatment Sessions, Group Therapy
- Pharmacotherapy: Basic and Advanced Strategies, Cases
- Maintaining Abstinence / Relapse Prevention
- Tobacco Treatment Resources
- Treatment Program Evaluation
- Data Collection, Storage, and Analysis



Program Information

[Workshop Description](#)

[Complete Program Agenda](#)

Application and Payment

[Pay by Credit Card](#)

[Pay by Check or Other](#)

Additional Questions

Jemessia Johnson

(601) 815-1912, jjohnson10@umc.edu

The ACT Center is funded by an appropriation from the Mississippi State Legislature, a grant from the Mississippi State Department of Health (Office of Tobacco Control), and the University of Mississippi Medical Center