

INFORMATION ABOUT TOBACCO TREATMENT MEDICATIONS

Before you start any medication to quit using tobacco, tell your doctor about all medications (prescription and non-prescription), vitamins and herbal supplements that you are taking, and give a history of current and past health problems. *Remember that people quitting tobacco often experience nicotine withdrawal symptoms, such as irritability, restlessness, depressed or anxious mood, and insomnia, whether they use medications or not.*

CHANTIX (VARENICLINE)

If you, a family member, or caregiver notice changes in behavior or thinking that are not typical for you, or if you develop any of the following symptoms, stop taking Chantix and call your healthcare provider right away: thoughts about suicide, homicide or dying, made a suicide attempt, experienced depression, hostility, agitation, mania, worsening of psychiatric symptoms, anxiety, panic, delusions, psychosis, or paranoia.

Other possibly serious side effects: swelling of the face, mouth, throat, or extremities; rash, swelling, redness or peeling of skin; difficulty driving a vehicle or operating machinery, possibly due to sleepiness, tiredness, difficulty concentrating, loss of consciousness, or dizziness

Some people have reported symptoms while taking Chantix, while others developed symptoms several weeks after stopping Chantix.

Other Chantix side effects include nausea, sleep problems (trouble sleeping or vivid, unusual, or strange dreams), constipation, gas, or vomiting.

Tell your doctor if you have kidney disease, or if you take insulin, asthma medicines, or blood thinners.

ZYBAN (WELLBUTRIN, BUPROPION)

If you, a family member, or caregiver notice any changes in behavior or thinking that are not typical for you, or if you develop any of the following symptoms, stop taking Zyban and call your healthcare provider right away: thoughts about suicide or dying, made a suicide attempt, experienced new or worse depression, anxiety, panic, agitation, restlessness, being angry, aggressive or violent, acting on dangerous impulses, mania, delusions, hallucinations, paranoia, or confusion

Some people have reported symptoms while taking Zyban, while others developed symptoms after stopping Zyban.

Other Zyban side effects include dry mouth, sore throat, nausea, sleep problems, constipation, abdominal pain, decrease in appetite, dizziness, or increased sweating.

Tell your doctor if you have liver or kidney disease, seizures, an eating disorder, or if you take any antidepressant, protease inhibitors, or any nicotine replacement medicine (prescribed or over-the-counter).

NICOTINE REPLACEMENT THERAPY (PATCHES, GUM, LOZENGE, INHALER, NASAL SPRAY)

A variety of side effects may occur, including nausea, dizziness, insomnia, headache, application site reactions (such as skin rash, mouth sores or throat or nasal irritation), new or worse high blood pressure.

Tell your doctor if you have heart disease or blood vessel disease, diabetes, high blood pressure, cancer, recent or upcoming surgery, or if you take Bupropion, insulin, ergotamines, or any anti-psychosis medicines.



*The ACT Center for Tobacco Treatment,
Education and Research*